

Personal Information

Name: _____ Date of Birth: _____

Address: _____ Phone # () _____

Email: _____

Height: _____

Weight: _____

Perceived State of General Health: _____

List All Known Injuries and Physical Limitations: _____

List Your Current Exercise Routine and Frequency: _____

In case of emergency, I would like Brethren Crossfit to Call: _____

Phone# () _____ Work phone # () _____

This person is my: (parent, friend, spouse, etc.): _____

May we add you to our mailing list to keep you updated on Brethren CrossFit functions? (YES / NO)

Waiver and Release of Liability

Brethren Crossfit / Dorris H. Patterson, The Tartan Trust
675 Jarvis Drive
Morgan Hill, CA 95037

Express Assumption of Risk: I am aware that there are significant risks involved in all aspects of physical training. These risks include, but are not limited to: falls which can result in serious injury or death, injury or death due to negligence on the part of myself, my training partner, or other people around me, injury or death due to improper use or failure of equipment. I am aware that any of these above mentioned risks may result in serious injury or death to myself and/or my partner(s). I affirm that I have received, read and understood the Rhabdomyolysis Warning and its attachments. Initials: _____

I willingly assume full responsibility for the risks that I am exposing myself to and accept full responsibility for any injury or death that may result from participation in any activity or class while at Brethren CrossFit Gym/ owned by Dorris H. Patterson, The Tartan Trust. I, the undersigned acknowledge that I have no physical impairments or illnesses that will endanger myself or others. Initials: _____

Release: In consideration of the above mentioned risks and hazards, and in consideration of the fact that I am willingly and voluntarily participating in the activities available at Brethren CrossFit Gym/ owned by Dorris H. Patterson, The Tartan Trust. I hereby release Brethren CrossFit / Dorris H. Patterson, The Tartan Trust, their principals, agents, employees, and volunteers from any and all liability, claims, demands, actions or rights of action, which are related to, arise out of, or are in any way connected with my participation in this activity, including those allegedly attributed to the negligent acts or omissions of the above mentioned parties. Initials: _____

This agreement shall be binding upon me, my successors, representatives, heirs, executors, assigns, or transferees. If any portion of this agreement is held invalid, the remainder of the agreement shall remain in full force and effect. If I am signing on behalf of a minor child, I also give full permission for any person connected with Brethren CrossFit / Dorris H. Patterson, The Tartan Trust to administer first aid deemed necessary, and in case of serious illness or injury, I give permission to call for medical and or surgical care for the child and to transport the child to a medical facility deemed necessary for the well being of the child. Initials: _____

I understand and agree that all sales are final, non transferable, and non refundable. Initials: _____

Images: I authorize Brethren CrossFit/ Dorris H. Patterson, The Tartan Trust to take pictures and movies of me and use them on their website and other promotional and educational materials. Initials: _____

Indemnification: I recognize that there is risk involved in the types of activities offered by Brethren CrossFit / Dorris H. Patterson, The Tartan Trust. I therefore accept financial responsibility for any injury that I may cause either to myself or to others. Should the above mentioned parties, or anyone acting on their behalf, be required to incur attorney's fees and costs to enforce this agreement, I will reimburse them for such fees and costs. I agree to indemnify and hold harmless Brethren CrossFit / Dorris H. Patterson, The Tartan Trust, their principals, agents, employees, and volunteers from liability for the injury or death of any person(s) and damage to property that may result from my negligent or intentional act or omission while participating in activities offered by Brethren CrossFit / Dorris H. Patterson, The Tartan Trust. Initials: _____

I have read and understood the foregoing and I understand that by signing it obligates me to indemnify the parties named for any liability for injury or death of any person and damage to property caused by me. I understand that by signing this form I am waiving valuable legal rights.

Signature of participant: _____ Date: _____

If the participant is under the age of 18,

Signature of Parent or Guardian: _____ Date: _____
(Parent/Guardian) Print Name: _____